



WEEK

MARCH 14TH - MARCH 19TH

# EARTH DAY 2022

## SUNDAY FUNDAY

Take a virtual tour to find out how dirty water gets clean.

## MEATLESS MONDAY

Find out about Meatless Monday with this fun YouTube.

Participate by eating plant-based today and save water—beef needs almost 40 times MORE water compared to vegetables!!

## TO DO TUESDAY

Find out who your local county supervisor is—environmental questions, concerns, can go here!

## WASTE-LESS WEDNESDAY

How to remember your reusables bags? Keep them in your car or near your door. if you forget, here's a tip: if you have a car, unload your cart into your car, then bag at home! It may be a pain, but you won't forget next time!

## THURSDAY LEARN DAY

How strong are your environmental muscles? Take this environmental quiz to find out!

## FRIENDS OF FRIDAY

Meet some scientists in Fairfax county, their lab are streams!

## GET OUTSIDE SATURDAY

Use an app to identify (and rescue!) some trees in your neighborhood.





WEEK

MARCH 20TH - MARCH 26TH

# EARTH DAY 2022

## SUNDAY FUNDAY

Plan an activity with Alice Ferguson Foundation's Talk' Trash, Trash Timeline lesson plan

## MEATLESS MONDAY

Did you know, livestock uses 75% of the earth's farm land? Swapping out some meals with plant-based options would require 1/5 of the farm land.

## TO DO TUESDAY

Find out who picks up your trash!  
  
Potomac River Keeper Clean Water Act Anniversary kickoff

## WASTE-LESS WEDNESDAY

Reduce plastic waste by using beeswax paper instead of plastic wrap!

## THURSDAY LEARN DAY

How "good" are you at recycling? Find out by playing this video game.

## FRIENDS OF FRIDAY

Check out our friends, beyond Plastics! They're all about ending plastic pollution at all levels, individual, corporate, and legislative. Check out their events!

## GET OUTSIDE SATURDAY

Alice Ferguson Foundation's Site Leader Training— it's a how to have a successful stream cleanup.





WEEK

MARCH 27TH - APRIL 2ND

# EARTH DAY 2022

## SUNDAY FUNDAY

Check out this Fairfax Field Guide, full of local flora and fauna information and activities!

## MEATLESS MONDAY

One burger has the same gas emissions as charging your phone for SIX months!

## TO DO TUESDAY

Do your own science experiment (with things you likely have at home!) to see if composting is better for food scraps than the landfill.

## WASTE-LESS WEDNESDAY

Ever struggle to remember your reusable straw and keep it clean? We got you! Keep one in your car, backpack, purse, wherever! You'll never be caught empty handed again.

## THURSDAY LEARN DAY

Stormwater— what is it and why do we need to manage it in Fairfax?

## FRIENDS OF FRIDAY

Our friends, Green Muslims, organize events to raise environmental awareness and encourage activism! Check them out.

## GET OUTSIDE SATURDAY

Northern Virginia Soil and Water Conservation Natives sale in Falls Church!





WEEK

APRIL 3RD - APRIL 9TH

# EARTH DAY 2022

## SUNDAY FUNDAY

About: Stream  
Crime  
Investigation Lab

## MEATLESS MONDAY

Did you know,  
livestock  
production puts  
out more  
greenhouse gases  
than  
transportation  
sector? Reduce  
the almost 15% of  
all greenhouse  
gas emissions from  
human activity by  
going meatless  
today!

## TO DO TUESDAY

What transit is in  
your reach? Find  
out how walkable  
it is to your  
nearest transit  
station in your  
neighborhood  
with this map—  
simply zoom in to  
your address

## WASTE-LESS WEDNESDAY

Why create waste  
when you drink  
water? Bring your  
own bottle to  
reduce plastic  
pollution and slay  
with your own  
stylish (&  
sustainable) swag.

## THURSDAY LEARN DAY

Ever wonder  
how to get  
involved with a  
litter clean up?  
We have three  
routes we  
recommend on  
our blog!

## FRIENDS OF FRIDAY

Oysters mean  
clean water, so  
we love oysters!  
Our friends at  
Chesapeake  
Bay Foundation  
have a great,  
short video on  
what oyster  
farming looks  
like in the Bay.  
Then, test your  
knowledge with  
this Oyster Quiz.

## GET OUTSIDE SATURDAY

Cleanup time!  
Use the Alice  
Ferguson  
Foundation's  
map to find a  
clean up near  
you.





WEEK

APRIL 10TH - APRIL 16TH

# EARTH DAY 2022

## SUNDAY FUNDAY

Take a \*virtual sustainable garden tour, that happened right in Fairfax last year.

## MEATLESS MONDAY

Plants have plenty of protein!

There are many plant-based options, packed full of protein and perfect for Meatless Monday swaps.

## TO DO TUESDAY

Sign up to get Northern Virginia Soil and Water Conservation District's natives Seedling sales updates!

## WASTE-LESS WEDNESDAY

Pack a zero waste lunch! Not sure how—check out our blog!

## THURSDAY LEARN DAY

Environmental (in)justice— what is it and how does it happen? Watch this quick video to find out.

## FRIENDS OF FRIDAY

Plant NoVA Trees is all about increasing tree cover in Northern Virginia. Check out our blog to learn about why we need trees.

## GET OUTSIDE SATURDAY

Where would a raindrop in your neighborhood end up? Put in your address to this map to find out.





WEEK

APRIL 17TH - APRIL 23RD

# EARTH DAY 2022

## MEATLESS MONDAY

Cheap, plant based ingredients are healthy and sustainable pantry staple!

## TO DO TUESDAY

Make your Earth Day plans and invite your friends.

## WASTE-LESS WEDNESDAY

Make (& bring) your own coffee, to work, school, or Pilates.

## THURSDAY LEARN DAY

How much do you know about plastic? Find out with this quick National Geographic quiz. See if you're smarter than your friends and get some fun facts ready for Earth Day conversations!

## FRIENDS OF FRIDAY

Our friends at MOM's Organic Market are so sweet and sustainable! Not only do they have their own recycling centers for oysters, cellphones, batteries, and more, but they are also committed to social justice.

## GET OUTSIDE SATURDAY

Mt. Vernon Environmental Expo

## SUNDAY FUNDAY

Aslin Beer Co. Earth Daze event in Herndon, VA